

Tips to avoid financial creep

Video Transcript

Whether it's from a raise, a new job, or freelance gig, more money is exciting.

More money can lead to more spending, a new car, bigger house, maybe some nicer clothes.

It's called lifestyle creep. As your income goes up, your spending does too.

And before you know it, all that extra money went towards their expenses and not your long term goals.

If you fall into the lifestyle creep, you can turn things around, put money in a savings account, pause before making any impulse buys and try to cut back where you can.

You can still splurge on yourself here and there as long as you stay focused on your budget.